From: Stark, Scott R < sstark@sbccd.cc.ca.us > Sent: Wednesday, October 2, 2019 1:51 PM
To: SBVC Campus < SBVC@sbccd.cc.ca.us >

Cc: Nguyen, Michael < mnguyen@sbccd.cc.ca.us>

Subject: THE GREAT CALIFORNIA SHAKEOUT!! - Participate with San Bernardino Valley College on

OCTOBER 17 @ 10:17 AM

Dear SBVC Faculty, Staff, and Managers:

Our college is registered and participating in the *Great California Shakeout* on October 17 at 10:17 AM. This is a statewide drill to prepare us to survive and recover from a major earthquake. The fire alarm in your building may activate during the drill.

Students will be aware of the *drop, cover, and hold* drill and will be participating in the event. Please discuss this exercise with students and your colleagues before the event, and adjust your activities for the morning of October 17 accordingly.

To fully engage and get the most out of this exercise, it is recommended to "<u>Drop, Cover, and then Hold for at least 10 seconds</u> during the earthquake simulation, and then proceed to the nearest evacuation station-----Do not stand next to or near the building you exit (not a good practice during an earthquake)

Evacuation station locations are indicated on the "Emergency Resources Map" attached to this email. Be prepared to be away from your classroom or work space approximately 20 minutes.

Links to many on-line resources and video clips are provided below:

GREAT SHAKEOUT WEBPAGE - RESOURCES https://www.shakeout.org/california/resources/

Link to many online resources for people with disabilities https://www.earthquakecountry.org/disability/

Video Links:

What to do if you are in a stadium or theater https://www.youtube.com/embed/JgL4ZW1Gm-4

What to do if you are near a desk or table https://www.youtube.com/embed/GSDmqLQmMN0

What to do if you have a mobility disability https://www.youtube.com/embed/PZtDYlOfwrQ

Protect yourself during an Earthquake!





Register at:

www.ShakeOut.org



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